



## Problems at home or at work? Difficult to discuss with family or friends?



As an employee or volunteer of a Zurich Municipal policyholder you and your family are entitled to use a free, confidential telephone counselling service provided by DAS\*.

If you would like to speak to a counsellor who will listen and try to help you clarify your difficulty, explore choices or provide support please call us.

## The service

- Highly experienced and professionally trained counsellors.
- All calls are handled in the strictest confidence.
- No limit to the number of calls you or your family can make.
- Available 24hours a day.
- Expertise if further assistance is required.

0117 934 2121

Free • 24 hour • confidential telephone counselling service

DAS are the UK's leading specialists in legal expenses and helpline services

DAS4411/2008